



FIRST AMERICAN STATE BANK  
**FITNESS FESTIVAL**  
LEARN TO LIVE HEALTHY

## 2011 FASB Fitness Festival & Bellevue Training Days GOT FITNESS!

The 11th Annual First American State Bank (FASB) Fitness Festival 5K Run/Walk and 1-Mile Fitness Walk will be held on **Saturday, September 10, 2011**. For six years now Bellevue Elementary has had the highest participation by an Elementary School in the Cherry Creek School District, and we hope to exceed our participation record this 2011 year.

**Exciting news for Bellevue - for every Bellevue Fitness Festival registration, \$5 of the registration fee comes back to benefit Bellevue's Physical Education Department!** All other net proceeds from the FASB Fitness Festival go towards the Community Asset Project, in partnership with the Cherry Creek Schools.

A celebration will be held honoring all participants in the Cherry Creek Fitness Challenge during the awards ceremony after completion of the race. All Challenge participants should complete a minimum of 26.2 miles, a marathon, over the course of the summer, with the last mile or 5K (3.2 miles) completed at the Fitness Festival. Please make sure you have completed and signed all Challenge Mileage Tracker Forms and submit them to Pam Smith beginning in August. The Tracker form must be completed and turned in by September 2nd.

We will be hosting **Fitness Training Days** on the Bellevue Track at 8:15 to 8:45 A.M. during the first three weeks of school - Tuesday through Thursday.

- ❖ **August 23-25**
- ❖ **August 30-September 1**
- ❖ **September 6-8**

FASB Fitness Festival Registration can be done on-line at [www.fasbfestival.com](http://www.fasbfestival.com). We will also be collecting Registration Forms during our Fitness Training Days, at the check-in table on the Bellevue Track. We encourage all individuals/families to be part of "Team Bellevue"! If you choose to register on-site at Bellevue, we will be collecting registration forms and payments both at the Training Days Track location and Front Office through Friday, September 2nd. All Team Bellevue participants that register through the school will have their race bibs and T-shirts delivered to their classrooms. Whether you register on-line or in person, **please remember to identify "Bellevue" as your school**, and check off that you are a "Cherry Creek Elementary School Fitness Challenge Participant." (Note: There is still time to complete your Tracker Forms, extra copies are available during Fitness Training or in the Lobby).

Information about this event can also be obtained on the following website: [www.fasbfestival.com](http://www.fasbfestival.com). Have Questions - Please feel free to contact:

Pam Smith ([psmith3@cherrycreekschools.org](mailto:psmith3@cherrycreekschools.org)), Kerri Assell ([kassell@joneskeller.com](mailto:kassell@joneskeller.com)),  
Teri Castledine ([teri@getyourcastle.com](mailto:teri@getyourcastle.com)) or Michelle Hamilton ([michellekhamilton@comcast.net](mailto:michellekhamilton@comcast.net)).

We look forward to seeing you on the Bellevue Track in the morning.